

PRIOR AUTHORIZATION CRITERIA

DRUG CLASS **TOPICAL NONSTEROIDAL ANTI-INFLAMMATORY DRUGS (NSAIDs)**

BRAND NAME
(generic)

VOLTAREN GEL (RX AND OTC)
(diclofenac sodium topical gel 1%)

Status: CVS Caremark Criteria

Type: Initial Prior Authorization with Quantity Limit

POLICY

FDA-APPROVED INDICATIONS

Voltaren Gel

Voltaren Gel is indicated for the relief of the pain of osteoarthritis of joints amenable to topical treatment, such as the knees and those of the hands.

Voltaren Gel has not been evaluated for use on the spine, hip, or shoulder.

Voltaren Gel (OTC)

Voltaren Arthritis Pain is used for the treatment of arthritis pain only in the following areas:

- hand, wrist, elbow (upper body areas)
- foot, ankle, knee (lower body areas)

COVERAGE CRITERIA

The requested drug will be covered with prior authorization when the following criteria are met:

- The patient has osteoarthritis pain in joints susceptible to topical treatment such as feet, ankles, knees, hands, wrists, or elbows

AND

- Treatment with the requested drug is necessary due to concern about intolerance to oral non-steroidal anti-inflammatory (NSAID) drugs

OR

- Treatment with the requested drug is necessary due to a contraindication to oral nonsteroidal anti-inflammatory (NSAID) drugs

Quantity Limits apply.

1000 grams/month

REFERENCES

1. Voltaren Gel [package insert]. Malvern, PA: Endo Pharmaceuticals, Inc.; September 2018.
2. Voltaren Gel (OTC) [package insert]. Warren, NJ: GSK Consumer Healthcare; February 2020.
3. Lexicomp Online, AHFS DI (Adult and Pediatric) Online, Hudson, Ohio: UpToDate, Inc.; 2021; Accessed May 26, 2021.
4. Micromedex (electronic version). IBM Watson Health, Greenwood Village, Colorado, USA. Available at: <https://www.micromedexsolutions.com>. Accessed May 26, 2021.
5. Kolanski SL, Neogi T, Hockberg MC, et al. 2019 American College of Rheumatology/Arthritis Foundation Guideline for the Management of Osteoarthritis of the Hand, Hip and Knee. *Arthritis and Rheumatology*. 2020; 72:220-233.
6. American Academy of Orthopaedic Surgeons. The treatment of osteoarthritis of the knee. Evidence-based Guideline 2nd edition. May 18, 2013. <http://www.orthoguidelines.org/guidelines>. Accessed June 2021.
7. Altman RD, Dreiser RL, Fisher CL, et al. Diclofenac Sodium Gel in Patients with Primary Hand Osteoarthritis: A Randomized, Double-blind, Placebo-controlled Trial. *J Rheumatol*. 2009; 36:1991-1999. doi: 10.3899/jrheum.081316.

