1872-A

# SPECIALTY GUIDELINE MANAGEMENT

# **EGRIFTA** (tesamorelin)

# **POLICY**

#### I. INDICATIONS

The indications below including FDA-approved indications and compendial uses are considered a covered benefit provided that all the approval criteria are met and the member has no exclusions to the prescribed therapy.

### FDA-Approved Indication

Egrifta is indicated for the reduction of excess abdominal fat in human immunodeficiency virus (HIV)-infected patients with lipodystrophy.

#### Limitations of Use:

- A. Long-term cardiovascular benefit and safety of Egrifta have not been studied.
- B. Egrifta is not indicated for weight loss management (weight neutral effect).
- C. There are no data to support improved compliance with anti-retroviral therapies in HIV-positive patients taking Egrifta.

All other indications are considered experimental/investigational and not medically necessary.

## II. EXCLUSIONS

Coverage will not be provided for weight loss.

#### III. PRESCRIBER SPECIALTIES

This medication must be prescribed by or in consultation with an infectious disease specialist.

### IV. CRITERIA FOR INITIAL APPROVAL

# Reduction of excess abdominal fat in human immunodeficiency virus (HIV)-infected patients with lipodystrophy

Authorization of 6 months may be granted to members who meet all of the following criteria:

- A. The member has HIV infection and lipodystrophy
- B. The member is currently receiving anti-retroviral therapy
- C. Egrifta is used to reduce excess abdominal fat

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## V. CONTINUATION OF THERAPY

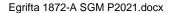
# Reduction of excess abdominal fat in human immunodeficiency virus (HIV)-infected patients with lipodystrophy

Authorization of 6 months may be granted to members who meet ALL the following criteria:

- A. The member has HIV infection and lipodystrophy
- B. The member is currently receiving anti-retroviral therapy
- C. The member has demonstrated a clear clinical improvement from baseline that is supported by waist circumference measurement or CT scan

## VI. REFERENCES

- 1. Egrifta SV [package insert]. Montreal, Québec: Theratechnologies, Inc.; October 2019.
- 2. Brown TT. Approach to the human immunodeficiency virus-infected patient with lipodystrophy. *J Clin Endocrinol Metab.* 2008;93(8):2937-2945.



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