

North Carolina State Health Plan March 28, 2014





## **Network Strategy | Delivering Distinctive Value**



# Paying for Value

# We are paying for value through outcome-based

payment models that reward care providers for improvements in quality and cost-efficiency Transforming the Delivery System

# We are transforming the delivery system

to be more accountable for cost, quality and experience outcomes, helping make health care more affordable

WE ARE TRANSFORMING HOW WE PAY FOR HEALTH CARE AND HOW HEALTH CARE IS DELIVERED



# Aligning Incentives

We are aligning incentives across employers, consumers and care providers to achieve the Triple Aim of better health, better care and lower costs

# **Health System Transformation | Accountable Care Platform**



WE ARE TRANSFORMING HOW HEALTH CARE IS PAID FOR, DELIVERED AND REWARDED.

### UnitedHealthcare's Accountable Care Platform

We are transitioning physicians from fee-for-service to outcome-based payment models and aligning those payment models with our product and network offerings (e.g., tiered benefits plans, wellness programs, networks).

- Today, more than \$29 billion of UnitedHealthcare's reimbursements to hospitals, physicians and ancillary care are tied to accountable care programs, centers of excellence and performance-based programs.
- Today, we have 9 million members in value-based contacts 2 million of which are in accountable care/coordinated care models.
- By 2018, our accountable care contracts are expected to total \$65 billion, half of our annual network spend.

MORE THAN 740 HOSPITALS, 1,150 MEDICAL GROUPS AND 80,000 PHYSICIANS ARE PARTICIPATING IN OUR ACCOUNTABLE CARE PLATFORM.



# **Accountable Care Platform | Definition & Goals**

# UnitedHealthcare's definition and objective

- Accountable Care Organizations (ACOs) are clinically integrated, coordinated health care organizations that accept responsibility for managing and improving the health of a defined population in addition to reducing the total costs of health care services.
- A successful ACO partnership will foster and change the nature of relationships among healthcare providers and the community, resulting in achievement of the Triple Aim:
  - Improved Quality Outcomes

Demonstrated through improvement of a robust set of metrics that encompass care across the continuum: physician, hospital, long-term care and home-health care metrics.

### **Reduced Cost**

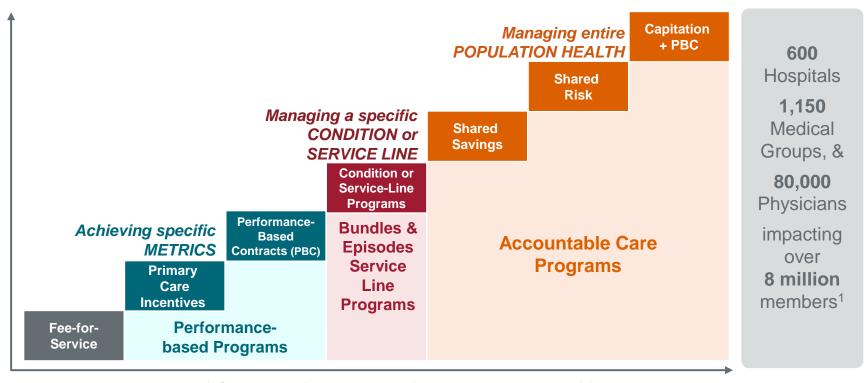
- Consumer: Reflected in lower premiums and out-of-pocket expenses
- Provider: Realized in the form of increased efficiency and payments that are tied to value
- Payer: Reduced total cost of care realized through increased provider efficiency

### Better care

- Improved patient experience of care
- Improved coordination of health care
- Reflects that consumers need to be central in the healthcare discussion



# **Accountable Care Platform | Accountability Continuum**



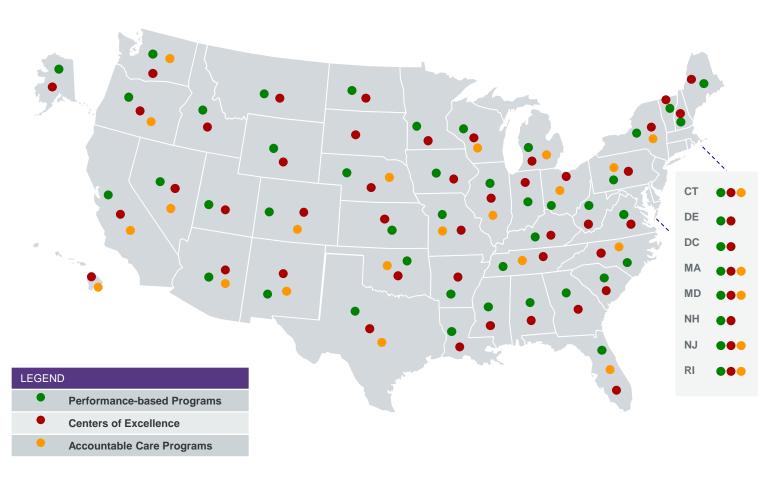
**Degree of Care Provider Integration and Accountability** 

<sup>&</sup>lt;sup>1</sup> Deployment statistics for executed contracts as of July 2013, net of program overlap; Member data as of November 2013



# **Accountable Care Platform | Deployment Map**

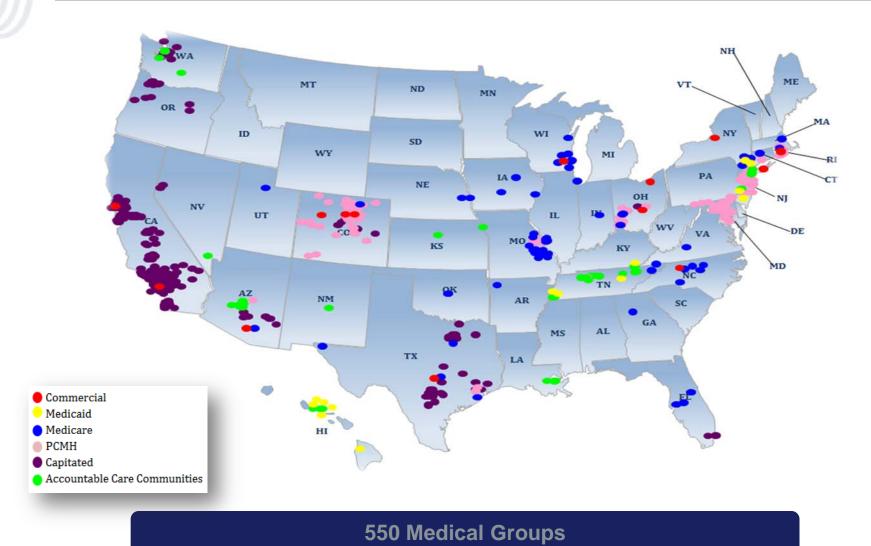
### **DELIVERING DISTINCTIVE VALUE ACROSS THE COUNTRY**



Location of icon within state is for illustrative purposes only and is not indicative of program's actual geographic locations within the state - many programs are state-wide. Deployment as of December 2013.



# **Accountable Care Programs | All Lines of Business**

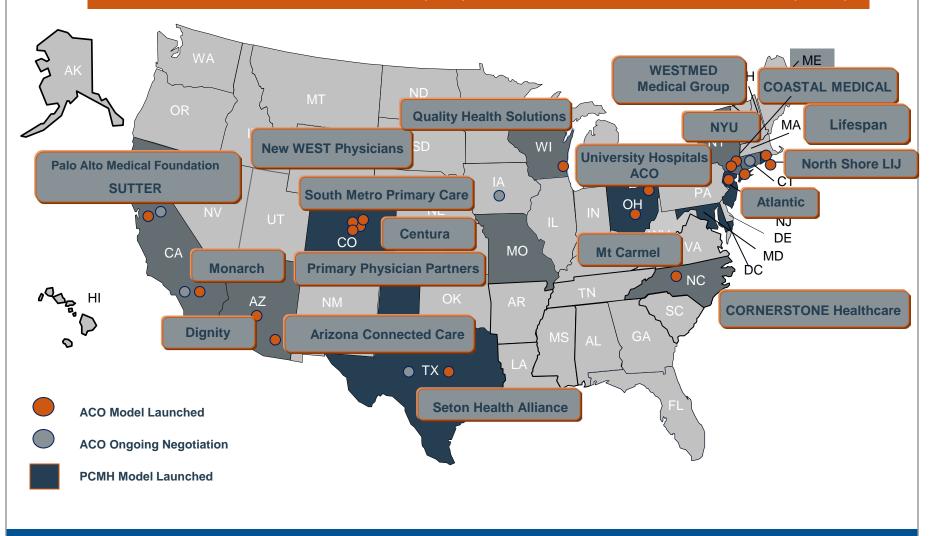




# **Accountable Care Platform | Commercial Business**

As of 2/26/14

### ACCOUNTABLE CARE ORGANIZATIONS (ACO) & PATIENT-CENTERED MEDICAL HOMES (PCMH)





# **Accountable Care Platform | Managing Population Health**

### **ACCOUNTABLE CARE ORGANIZATIONS (ACO)**

Improve Population Health and Patient Experience



Deliver Best Possible Quality Outcomes Our ACO model incorporates proactive population health management strategies

### The objectives of our ACO model are to:

- Improve population health and patient experience
- Deliver the best possible quality outcomes
- Reduce medical cost and medical trend

### 19 ACO agreements signed supporting commercial business:

- •ACO model executed with 19 Accountable Care Organizations
- •Participating in Dartmouth-Brookings ACO collaborative in Arizona
- •Ongoing negotiations with ACOs in Phoenix, New York and other markets.
- •See map for ACO locations.

Medicare and Medicaid Accountable Care programs launched in several states



We are introducing Optum capabilities to our ACO partners to provide them with the analytics and decision support solutions to manage risk and improve quality outcomes.



# **ACO Partnerships | Finding the Right Partner**

- We do not have a prescribed formula or a template or a set profile that we look for in developing an ACO relationship
  - One size does not fit all
  - Successful ACO's will have similar characteristics, but the organization structures will vary depending on the geography but more importantly they will vary by the people that we serve
- We identify potential ACO partners through a bottoms-up process
  - We rely on our local Market and Health Plan Leaders to identify ACO Candidates using both subjective and objective criteria:
    - Do we share common visions?
    - How strong and deep is the current relationship?
    - How well do the teams work together day to day and when there are problems?
    - Have we worked on other pilots with this organization previously?
    - What's the degree of clinical integration and does the organization already have tools and programs in place to manage risk and populations?
    - What is the ACO's relative financial strength and position?



# **Accountable Care Platform | Supporting Care Providers**

#### SUPPORTING CARE PROVIDERS IN MANAGING POPULATION RISK

# Requirements for Accountable Care Program Partnerships

- Physician leadership with clear governance
- Robust end-to-end clinical programs
- Ability to coordinate care across all care settings
- Effective Health Information Technology
- Disciplined financial accounting and systems
- Mechanisms to appropriately distribute funds
- Ability to manage and willingness to accept risk
- Tools for patient activation and engagement

These are key success factors critical to achieving the Triple Aim

# How We Support Accountable Care Program Partners

- Membership
- Contracting evolution based on provider risk readiness
- Comprehensive performance measurement and reporting
- Member empowerment strategies
- Clinical consultation
- Robust suite of tools offered by Optum
- Mechanism to administer incentive programs
- Physician/patient portals and transparency tools
- Option to apply model to provider's employee lives
- Innovative care management programs

Our partners are accountable for managing patients across the care continuum



# **Accountable Care Platform | Measuring Success**

# WE ARE DRIVING ACCOUNTABILITY THROUGH A SHARED RISK ENVIRONMENT FOCUSED ON QUALITY, COST AND PATIENT EXPERIENCE OUTCOMES



# Achievement of quality and efficiency measures results in improved quality and reduced medical cost:

- •HEDIS Basic and HEDIS Extended Quality Measures
- Quality Defects
- Intermediate Outcomes—HAC/HAI
- Optimal/Tier 1 Prescription Drugs
- Efficient Lab Use
- Specialist Usage
- Risk adjusted ER and Admission Rates
- •Readmission Rates/Avg Lengths of Stay
- Potentially Avoidable Hospitalizations
- Total Cost of Care Targets

SELECT RESULTS & FINDINGS





### **Demonstrated Results | ACOs**



- Double-digit reduction in readmissions for high-risk patient population
- Reduction in acute hospital admissions
- Reduction in ER visits per 1,000
- NCQA recognition
- Improvement in HEDIS measures
- Significant number of metrics at or above 90th percentile of Quality<sup>1</sup>
   Compass
- 3% reduction in total medical cost
- Improvement in generic Rx prescribing rate
- The network's market share increased by 5% in the first six months of operation
- ~\$1M bonus to physicians

"This program will increase patient engagement and ensure patients are receiving appropriate care and screenings. Our goal is to achieve better health outcomes and to prevent more costly treatments or hospitalizations for our patients."

Grace Terrell, M.D., President & CEO, Cornerstone Health Care

"We are committed to providing best-in-class care to our patients so when we joined together with UnitedHealthcare and Optum, we were optimistic...that we would improve care, while reducing costs...Our initial results exceeded our expectations."

Simeon Schwartz, M.D., President & CEO of WESTMED

"We're on the front lines of implementing technology and solutions from Optum, such as advanced analytics and care coordination workflow enablement, that are helping our providers across the system stay connected."

Susan Willis, President, Innovative Practices, Arizona Connected Care

<sup>&</sup>lt;sup>1</sup> Based on UnitedHealthcare's calculation of claims data of members receiving care through WESTMED compared to national Quality Compass ratings, UnitedHealthcare reported that the ACO is performing above the 90th percentile of National Committee for Quality Assurance (NCQA) Quality Compass for providing the highest level of coordinated care for breast cancer and cervical cancer screenings.



## **Demonstrated Results | All Programs**

### **SPECIFIC RESULTS**

### Performancebased Programs

- •\$50M savings in last 12 months
- •3.6% readmit reduction
- •9% reduction in inpatient length of stay
- •Reduction in the use of non-participating laboratory services
- Reduction in the use of non-Tier 1 prescriptions

# Centers of Excellence

- 25% decrease in the average length of hospital stays for transplants
- Improved transplant survival rates at Centers of Excellence
  - 3% reduction in one-year mortality for liver transplants
  - 5% reduction in one-year mortality for heart transplants
- 16% reduction in the incidence of transplants through application of evidencebased appropriateness criteria

### Accountable Care Programs<sup>1</sup>

### **Patient Centered Medical Home**

- •1.5%-3.5% lower medical cost trend than expected
- •4:1 ROI

### **Westmed ACO**

- •3% reduction in medical cost
- •5% reduction in acute hospital admissions
- •Significant number of metrics at or above 90<sup>th</sup> percentile of Quality Compass<sup>2</sup>

<sup>&</sup>lt;sup>1</sup>Patient Centered Medical Home results based on 4 states and 1 Commercial ACO

<sup>&</sup>lt;sup>2</sup> Based on UnitedHealthcare's calculation of claims data of members receiving care through WESTMED compared to national Quality Compass ratings, UnitedHealthcare reported that the ACO is performing above the 90<sup>th</sup> percentile of National Committee for Quality Assurance (NCQA) Quality Compass for providing the highest level of coordinated care for breast cancer and cervical cancer screenings.



# **UHC & Optum | Creating Value & Transforming Markets**



- Value-Based Contracts
- High Performance Networks
- Value-Based Benefits
- Care Management Programs
- Cost & Quality Transparency



- Population Health Analytics
- Population Risk Analytics
- Patient Engagement
- Targeted Care Coordination Programs
- Financial Performance Management

**Intentional Integration Nationally & Enabling Providers Locally** 



## **Accountable Care Platform | Our Difference**

### THE UNITEDHEALTHCARE DIFFERENCE

Our Accountable Care Platform drives optimal value through **delivery system transformation**; with our modular suite of value-based programs, we can **customize** our accountable care approach according to a care provider's risk readiness

Our **broad national network** of more than 750,000 doctors and health professionals, 64,000 pharmacies, 5,600 hospitals and 1,500 convenient care clinics gives us the ability to deploy our platform in **many markets** with **many types of care providers** 

We are an **industry leader** not only for private, commercial insurance, but also for Medicare Advantage and Medicaid programs. We have the opportunity to partner with care providers in proactively managing the health of a **variety of populations** 

We offer comprehensive data and reporting, innovative mechanisms to distribute funds based on performance and access to cutting edge health information technology. We are **supporting care providers** by supplying them with the tools they need to be successful



Our strategy uniquely maximizes value by aligning incentives across consumers, employers and care providers to achieve the Triple Aim of better health, better care and lower costs.



# 2014 UnitedHealth Premium® Designation Physicians

### 25 SPECIALTIES COVERING >80% OF MEDICAL SPEND

## **Primary Care**

Family Medicine Obstetrics & Gynecology

Internal Medicine Pediatrics

# **Specialists**

Allergy Cardiology

Electrophysiology

Interventional

Endocrinology

**General Surgery** 

Colon/Rectal

Infectious Disease

Nephrology

Neurology

Neurosurgery-Spine

Ophthalmology

Orthopaedics

General

Foot/Ankle

Hand

Hip/Knee

Shoulder/Elbow

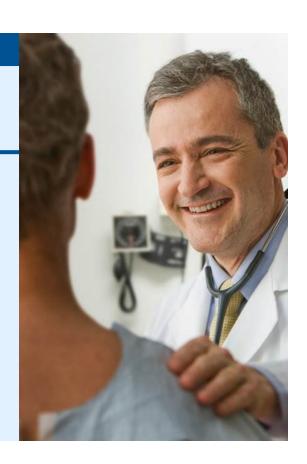
Spine

Sports Medicine

Pulmonology

Rheumatology

Urology





### **Clinical Resources**

# The broadest portfolio of integrated services in the industry, leveraging the eSync Platform<sup>SM</sup> for holistic care management

eSync synchronizes health care management for optimal wellness, based on current health status

### **Staying Healthy**



### **Getting Healthy**



# Wellness Tools and Resources:

- eSync Health Portal (Health Assessment, Personal Health Record, interactive coaching, health tools/trackers, personal messaging, cost estimators, Online Nurse Chat
- Telephonic
   Wellness Coaching
- Publications and reminders
- Healthy Pregnancy Program
- Onsite Wellness (Know Your Numbers, on-site consultant)

- 24/7 urgent needs support
- Condition education and health advocacy
- Treatment Decision Support
- Provider quality and efficiency information
- HealtheNotes
- Integrated clinical delivery management
- Holistic care management, including medical and behavioral health integration
- Broadest chiropractic network in the nation

- Personal Health Support (50+ conditions)
- Disease
   Management
   (asthma, COPD,
   CAD, heart
   failure, diabetes)
- Centers of Excellence/
- Specialty case management (Transplantation, cancer, kidney, neonatal, bariatric, congenital heart disease, infertility)

Self Help

Support

Intervention



## **Engagement Resources**

myuhc.com®

### PROVIDES MEMBERS WITH EASY ACCESS TO RELEVANT AND PERSONAL INFORMATION

Intuitive navigation

Find a physician by location

myHealthcare Cost Estimator

Improved hospital search

Enhanced Personal Health Record





Easy access to information and resources helps keep members engaged in their health care decisions.



# **Accountable Care Platform | Questions?**

**PAYING FOR VALUE** 

TRANSFORMING THE DELIVERY SYSTEM

**ALIGNING INCENTIVES** 

MORE ACCOUNTABILITY
MORE HEALTH IMPROVEMENT
MORE ENGAGEMENT

