

North Carolina  
State Health Plan

for Teachers and State Employees

www.shpnc.org

Monthly Contribution Rates for COBRA Members for Benefit Years 2007-2009  
Effective October 1, 2007

Coverage Types	COBRA MONTHLY CONTRIBUTION RATES		
	Basic Plan 70/30	Standard Plan 80/20	Plus Plan 90/10
<b>Non-Medicare Both COBRA Member and Dependent(s)</b>			
COBRA Member	\$ 353.31	\$ 353.31	\$ 398.17
COBRA Member + Child(ren)	\$ 506.98	\$ 557.67	\$ 628.48
COBRA Member + Spouse	\$ 749.25	\$ 824.18	\$ 928.81
COBRA Member + Family	\$ 775.04	\$ 852.54	\$ 960.74
<b>Medicare Primary for Only COBRA Member</b>			
COBRA Member	\$ 268.99	\$ 268.99	\$ 303.14
COBRA Member + Child(ren)	\$ 430.34	\$ 473.36	\$ 533.47
COBRA Member + Spouse	\$ 672.61	\$ 739.87	\$ 833.79
COBRA Member + Family	\$ 698.39	\$ 768.22	\$ 865.76
<b>Medicare Primary for Only Dependent(s)</b>			
COBRA Member	\$ 353.31	\$ 353.31	\$ 398.17
COBRA Member + Child(ren)	\$ 462.63	\$ 508.88	\$ 573.48
COBRA Member + Spouse	\$ 640.78	\$ 704.84	\$ 794.31
COBRA Member + Family	\$ 666.55	\$ 733.20	\$ 826.26
<b>Medicare Primary for Both COBRA Member and Dependent(s)</b>			
COBRA Member	\$ 268.99	\$ 268.99	\$ 303.14
COBRA Member + Child(ren)	\$ 385.99	\$ 424.56	\$ 478.46
COBRA Member + Spouse	\$ 564.12	\$ 620.53	\$ 699.29
COBRA Member + Family	\$ 589.91	\$ 648.88	\$ 731.24

Monthly Contribution Rates for National Guard, Fire Department & Emergency Medical Services for Benefit Years 2007-2009  
Effective October 1, 2007

Coverage Types	NATIONAL GUARD, FIRE DEPARTMENT & EMERGENCY MEDICAL SERVICES MONTHLY CONTRIBUTION RATES		
	Basic Plan 70/30	Standard Plan 80/20	Plus Plan 90/10
Active Employee	\$ 415.69	\$ 415.69	\$ 468.46
Active Employee + Child(ren)	\$ 596.48	\$ 656.12	\$ 739.41
Active Employee + Spouse	\$ 881.50	\$ 969.66	\$ 1,092.74
Active Employee + Family	\$ 911.84	\$ 1,003.02	\$ 1,130.33