

## **Board of Trustees Meeting** January 25, 2024 1:30-3:30 p.m.

1. Convene Meeting (1:30 pm)

Dale R. Folwell, Chair

Welcome

Roll Call for Attendance

Conflict of Interest Statement

Reading of SEI Statements into Minutes (as applicable)

• Introduction – New Staff Member Sam Watts

**Executive Administrator** 

Dale R. Folwell, Chair

2. Consent Agenda (Requires Vote) (1:35 pm)

• Minutes - October 26, 2023, Meeting

Dr. Rose Mulhearn **3. Acupuncture** (1:40 pm)

Michael Harding

Matthew Rish

Sr. Director, Finance,

Planning & Analytics

4. Public Comments (1:50 pm)

5. Operational Report (2:00 pm)

Sam Watts

NC Flex Transition

• Third-Party Administrator (TPA) Audit

• State Health Plan Annual Report

6. Financial Report (2:10 pm)

• Calendar and Fiscal Year-to-Date Financials through November

Wilmington Health

Gender Dysphoria Facility Analysis

Financial Forecast

7. Glucagon-Like Peptide-1 (GLP-1s) Options (2:30 pm) Sam Watts/GLP-1 Team

8. Adjournment (3:30 pm) Dale R. Folwell, Chair

Appendix: 1 GLP-1 Financial Fact Sheet

2024 Board of Trustee Meetings: January 25, April 25, July 25, October 24; 1:30-3:30 p.m.

Our mission is to improve the health and health care of North Carolina teachers, state employees, retirees, and their dependents, in a financially sustainable manner, thereby serving as a model to the people of North Carolina for improving their health and well-being.

<sup>&</sup>lt;sup>2</sup> CVS Contract Fact Sheet

<sup>&</sup>lt;sup>3</sup> GLP-1 Top 25 Prescribers for NC State Health Plan

<sup>&</sup>lt;sup>4</sup> Reuters: Maker of Wegovy, Ozempic Showers Money on U.S. Obesity Doctors

<sup>&</sup>lt;sup>5</sup> Clinical Trial Summary – Semaglutide and Cardiovascular Outcomes/Novo Nordisk

<sup>&</sup>lt;sup>6</sup> NC Flex Letters