



North Carolina
State Health Plan

for Teachers and State Employees

www.shpnc.org

Clinic Services Pilot Proposal – February 2009

Investigate the effectiveness of health and wellness promotion and its impact on health care costs by offering acute and health and wellness focused care in a work place setting.

- Utilize the clinic model to promote health and wellness by effectively identifying, managing and educating patients with chronic conditions and those at risk for chronic conditions.
- Make referrals to the member's Primary Care Provider or secure PCP services as needed.
- Provide basic biometric screenings members for risk factor identification and provide support for lifestyle changes.
- Assist members in navigating the health care system and refer to care management programs as appropriate.
- Promote the use of generic medications as appropriate.
- Study the impact of the intervention on outcomes/cost.

Project Status

SHP has met with representatives from Eastern Carolina University School of Medicine (ECU), and UNC-Chapel Hill School of Medicine to gain provider insight and recommendations into clinic models. In addition, SHP staff discussed potential clinic models and approaches with Watson-Wyatt Worldwide consulting firm. Informational sessions have been held with several vendors, including CVS's Minute Clinic, Take-Care Health Systems (formerly CHD Meridian), Marathon-Health, HealthStat and CHS; these are the top providers of on-site employee clinic services in the United States.

Additional meetings with area physicians will be scheduled.

An RFP is in process and targeted for posting in July.

The goal is to implement the model in the first quarter of 2010.



North Carolina
HEALTH
Smart